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Health and Social Service Education Step 1 and Step 2

School classes and work placements should be organized so that students develop personal skills that are relevant for the performance of the profession. The student must, through instruction and training **develop the following personal skills:**

1. Demonstrate initiative, independence, responsibility and empathy to be able to meet other people in an ethical and respectful manner and be able to see his own share in the development of interpersonal relationships
2. Provide care for themselves and others at an attentive and professional manner
3. Understand the importance of communication to understand and participate and develop a professional practice
4. Participate actively in collaboration and in problem solving based on own physical, mental, social and cultural resources
5. be aware of his/her own educational strengths and development potentials
6. Show curiosity, creativity and openness and desire to continue learning and to engage in change processes
7. Be able to handle and act in a social and cultural diversity
8. Show skills in searching for information actively, in questioning and in acting critically, and in having ability to respond appropriately under unforeseen circumstances
9. Be able to use evaluation and self-evaluation as a method in own process of learning and development.

The student's motivation and willingness to develop his personal skills throughout his education are taken in to account in the assessment.





Aims for the Work Placements according to the Health and Social Service Education Step 2

The student must be able to:

- A. Independently help the resident with health promotion and disease prevention and show respect for the resident's self-expression and quality of life as well as the student must be able to initiate, evaluate and advise on opportunities to support and enhance the resident's self-esteem
- B. Independently observe symptoms of physical, mental and social disorders and estimate and explain his findings in this connection
- C. Identify, estimate, organize, conduct and carry out basic nursing and caring tasks with the resident in respect for his resources and self-determination
- D. Carry out health promotion and disease prevention in relation to the most commonly occurring infections and diseases in the surroundings
- E. Identify obstacles in the surroundings that affect health and wellbeing, and estimate and advise on appropriate choices in relation to the resident's surroundings, still taking into account the policy of the work site
- F. Independently and in collaboration with colleagues handle nursing tasks as administrating and giving medicine
- G. Provide information about regional, municipal and private service offerings, including relevant laws and regulations in connection with nursing, caring and practical help as well as advise the resident in using the offers in respect for the resident's resources and self-determination
- H. Follow overall objectives, the local set of values and violence policy and formulate and assess their implications for his own education and the care assistant's role and work, and on this basis advise the resident
- I. Manage computer-based communication systems for information, communication, teamwork, work organization and documentation
- J. Plan, estimate, supervise and evaluate the guidance of and collaboration with the resident as well as other partners





- K. Organize and select activities in collaboration with the resident or groups of residents in order to maintain, rehabilitate and strengthen the resident's mental and physical health
- L. Gather information about - and estimate and organize social, cultural and creative activities for the resident or for groups of residents in relation to the general and local selection of activities and subsequently reflect on the importance of the activity for the resident
- M. Independently estimate, explain and carry out appropriate social movements, use of manual or electronic lifts and other tools in relation to the resident and the students own physical abilities
- N. Plan, estimate, supervise and evaluate the guidance and collaboration with the resident as well as other partners

